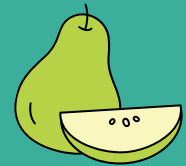


# Is formaldehyde a dangerous vaccine ingredient?

**No.**

Formaldehyde is essential to human metabolism, and is used to build energy for physical and mental daily tasks! Formaldehyde in vaccines does not exceed 0.2 mg, but a newborn will have about 50x that naturally in their body.

**Fun Fact:** There is about 60x more formaldehyde in a pear than in any vaccine!



**Learn more  
on this topic!**



**View the  
booklet**

